

- Our consciousness is designed to be positive and creative.

- (3:3) “You are forever immersed in, and a part of, a Creative Mind. This Mind is thinking new ideas into your consciousness. Accept them by knowing that they came to you in order to operate through you and bring to pass something greater in your experience than you have had previously.”

- (4:3) “Happiness is determined by the ideas working in your consciousness, NOT by your environment, possessions, social activities or your hopes.”

- (5:3) “If you want to treat yourself to life, place your attention on ideas which will cause you to move ahead. These ideas already dwell in you and await your recognition.”

- (5:5) “The constant repetition of ideas is a process of learning.”

- (7:1) “Life can only give you what you are mentally conditioned to accept. Consistent belief that you haven’t what you want will never cause what you want to happen to you.”

- (7:2) “There is an exactness to life; there is a science of living. The Creative Mind delivers to you the exact results of your states of mind. This is the law of cause and effect.

You can only have in your world what you are mentally and emotionally conditioned to have. By changing your conditioning through the repetition of spiritual ideas, you change what you receive from life.”

- (8:2) “New ideas are the key to new experiences.”
- We must stop allowing ourselves “the luxury of fear, doubt or failure.”
- (11:3) “Life is a spiritual activity.”
- Two things to recognize:
 1. There is no simple rule for a happier life. It takes work.
 2. We cannot keep our mind affirmative 24 hours a day.

HOLMES (Ch. 16): The Principles of Successful Living

- This is not a “get rich quick” or “get whatever you want” philosophy; it does not promise something for nothing

- (266:3) “. . . we know that it is entirely possible . . . to greatly influence our environment, its reaction to us, the situations we meet and the conditions we contact. There is such a thing as demonstrating a control of conditions.”

- (267:3) “The Science of Mind is based entirely upon the supposition that we are surrounded by a Universal Mind, into which we think.”

- (267:4) “The Law through which we operate is infinite, but we appear to be finite; that is, we have not yet evolved to a complete understanding of our self. We are unfolding from a Limitless Potential, but can bring into our experience only what we can conceive. There is no limit to the Law, but there appears to be a limit to our understanding of it. As our understanding unfolds, our possibilities of attainment (of success) will increase.”

- (268:2) “The Law is a law of liberty, but not a law of license. It is exact and exacting, and unless we are willing to comply with its nature and work with it, we shall receive no great benefit. EVERY ONE OF US MUST PAY THE PRICE FOR WHAT WE RECEIVE, AND THAT PRICE IS PAID IN MENTAL AND SPIRITUAL COIN.”

- (270:2) “The criterion for anyone as to what is right or wrong for them is not to be found in some other person’s judgment. The criterion is: Does the thing I wish to do express more life, more happiness, more peace to myself, and at the same time harm no one? If so, it is right. It is not selfish. But if it is done at the expense of anyone, then we are making a wrong use of the Law.”

- (270:4) **“We do not exist for the purpose of making an impression on our environment. We do exist to express ourselves in and through our environment. There is a great difference.”**

- (271:) **“There is a law of unfoldment in us, which says we can advance only by going from where we are to the place where we would like to be.”**

- (273:5) **“We give Intelligence outlet in two ways: pure inspiration or intuition, or the more common way of bitter experience, and with most of us, it is through the latter.”**

- (274:2) **“Treatment is not for the purpose of making things happen; it is to provide, within ourselves, an avenue through which they may happen.”**

- (274:3) **“Treatment is not something one does to another, not something one does to an environment, nor to a situation. It is always the thing we do to ourselves. . . It is an action in thought alone. It opens up the avenues of thought, expands the consciousness and lets Reality through. It clarifies the mentality, removes the obstructions of thought and lets in the Light.”**

- (276:2) **“The highest realization we can have is a recognition of the Omnipresence of Spirit (Universal Intelligence) . . . Those people who have had the greatest sense of the Divine Presence --- wherever it has been coupled with the definite knowledge of the Universal Law of Mind --- have had the greatest power over that Law. This was the secret of the power of Jesus.”**

Assignment for Class Two

Barker, Ch. 2, pp 15-28 – The Operative Action of Mind

SOM, Ch. 13, pp. 183-189 – Causes and Conditions

Complete Worksheet One